



# ***Byoma Kusuma Buddhadharma Sangha***

[www.byomakusuma.org](http://www.byomakusuma.org)

Byoma Kusuma Buddhadharm Sangha (BK BDS-UK) will be hosting the following events. Everyone is welcome, **attendance free**.

## **Monday 19th April, 07.00-08.30**

How to become Mindful with Buddhist Meditation, followed by a 7 minute short film called 'Freedom'. \*\*

## **Thursday 22nd April, 07.00-08.30**

'Comparative Philosophy of Buddhism & Hinduism'

Contact person: Nitima Shrestha, 07827930266, byomakusuma.uk@gmail.com.

**Venue:** Room S13, Student Union, 20 Bedford Way, Institute of Education, University of London.

**Registration:** 06.30pm  
Both sessions will start and end with prayers chanted in Sanskrit.

**Facilitator:**  
Venerable Narayan Prasad Rijal is an Assistant Holder of Dharma of the Byoma Kusuma Buddhadharm Sangha. He has been practicing under the guidance of Acharya Mahayogi Sridhar Rana Rimpoche for 17 years and is responsible for disseminating dharma teachings, and guiding students in their meditation practice.

Ven. Rijal is a profound scholar of Sanskrit. He was educated under the traditional Gurukul system from the age of 3. He has translated many classical Buddhist texts and prayers from Sanskrit into Nepali and English.

In his other life, Ven. Rijal is a Lecturer of Physics at the Tribhuvan University in Kathmandu, Nepal.

### **\*\* About 'Freedom'**

Freedom is a short film about a young Buddhist monk who decides to leave the monastery in search of 'freedom'. He soon encounters the vicissitudes and unsatisfactoriness of life, which makes him reflect on whether what he called freedom is right where he left it.

Assaji Tanchanya - co-producer, co-director, writer and actor of Freedom - is currently studying a Postgraduate Degree in Indian Buddhism, Music and Film at SOAS, University of London. Assaji studied Buddhist Scriptures in Pali and Sanskrit in Sri Lanka from the age of 14 under the guidance of Ven. Prof. KL Dhammajoti. He completed his Bachelors Degree from the International Buddhist College in Thailand.